

Carbon Leisure Summer 2009



Your guide to
Sports & Recreation
Lifelong learning
Physical fitness
Quality of life
Child welfare
College classes
Outdoor safety
Outdoor adventures



FREE
PLEASE TAKE ONE

Castle Country Mtn Bike Festival Sept. 25-27

Make Your Plans Now!!



“A Community Centered Around the Young at Heart”

- July 30: Pool Party at Desert Wave Pool,
sponsored by Pinnacle HVAC
Opening Ceremonies at the Peace Garden
Carnival Rides & Attractions
- July 31: Vendor Booths and Products
Kids Day Activities & Parade
Live Entertainment at Washington Park
Carnival Rides and Attractions
Food, Friends and Fun
Tennis Tournament
Movie in Pioneer Park — Kung Fu Panda
- August 1: Lions Club Breakfast
5K Run/Walk
Vendor Booths and Products
Car Show
Live Entertainment at Washington Park
Climbing Wall at Washington Park
Basketball Tournament
Horseshoe Tournament
Grand Parade on Main Street
Carnival Rides & Attractions
Movie in Pioneer Park — Madagascar



For More Information Contact Price City at 637-5010 or the
Carbon County Chamber of Commerce at 637-2788

Sun Advocate

845 E. Main, Price • 637-0732

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HELPER ARTS FESTIVAL

AUGUST 14-16

*Fine art • Photography • Ceramics
Bands & music • Two-day Idol Competition
Exhibits • Food • Street Fair • 5K Run*

Climbing Wall • Car Show

For Information call 435-472-5391

Carbon Leisure

Carbon Leisure is a comprehensive guide to activities in Carbon County. It is published three times a year; in May, August, and December. Our goal is to include all recreation, lifelong learning, adventure, and enrichment programs. If your program is not in this issue, call Carbon Rec for information about how your organization can be involved.

435-636-3702

College of Eastern Utah High School Summer Sports Camps 435-613-5353

Boys Basketball Team Camp • June 11-13

Cost: \$330 per team or \$500 for two teams (Register by May 30)
Plus \$120 per player for room and board
Or \$65 per player for housing only
Or \$65 per player for meals only

Boys & Girls Soccer Team Camp • June 15-19

Cost: \$200 with campus housing and meals
\$220 in a local motel and meals
\$160 local with meals
\$100 local — no housing or meals

Girls Basketball Team Camp • June 22-26

Cost: \$250 with campus housing and meals
\$270 in a local motel and meals
\$165 local with meals
\$105 local — no housing or meals

Volleyball Team Camp • June 29-July 2

Cost: \$195 with campus housing and meals
\$220 in a local motel and meals
\$140 local with meals
\$90 local — no housing or meals

**T-shirts &
awards in
all camps**

BILL'S HOME FURNISHINGS

45 S. 300 E., Price • 637-5776

Carbon Rec

Schedule of Programs, Classes, Activities, & Events, Summer 2009

**The Recreation Office is located in Price at 81 North 200 East
435-636-3702 • www.carbonrec.com**

Activity Calendar

May 11	CEU Summer Semester begins	July 10-12	River Rescue Workshop
May 12	T-Ball/Peewee Baseball registration deadline	July 11	Climbing Wall at East Carbon Days
May 12-13	CPR/First Aid classes	July 14-15	Climbing/Rappelling Workshop
May 16	River Safety — The Basics	July 14-15	CPR/First Aid classes
May 17	River Rescue Review	July 15-17	Backpacking/Canyoneering workshop, ages 14-18
May 21	Youth Football League registration deadline	July 18	Raft-Kayak trip on the Green River
May 21	Climbing Wall at Graduation Spectacular	July 18-19	Kayak Workshop
May 22	River trip on the Green River	July 23-25	All-around Adventurer workshop, ages 14-18
May 22-24	River Rescue Workshop	July 27	Basketball camps begin, ages 5-12
June 1	Summer Day Camp begins	July 28	Co-ed & Die-hard Softball League deadline
June 1	Tennis Lessons, session 1 begins	July 30-Aug. 1	International Days activities — See page 2
June 5-6	Rock & Mineral Show	July 31-Aug. 1	Climbing Wall at International Days
June 8	Baseball camp begins, ages 5-12	Aug. 1	5K Race for International Days
June 9-10	CPR/First Aid classes	Aug. 1-9	Carbon County Fair
June 11-13	CEU Boys Basketball Camp begins	August 5	Carbon County Fair Softball Tournament deadline
June 15-19	CEU Soccer Camps	August 6-8	Climbing/Mountaining workshop, ages 14-18
June 15-19	Carbon Rec Volleyball Camp	August 7-8	Carbon County Fair Softball Tournament
June 20	River trip on the Green River	August 7-8	Climbing Wall at the Carbon County Fair
June 20	River Safety — The Basics	August 11-12	CPR/First Aid classes
June 20	Range Creek Tour	August 14-16	Helper Arts Festival
June 21	River Rescue Review	August 15	9-Mile Canyon Tour
June 22	Soccer camp begins, ages 4-12	August 15	Climbing Wall at Helper Arts Festival
June 22	Advanced Baseball Camp begins	August 15	5K Run for Helper Arts Festival
June 22	CEU Second Summer session begins	August 15-16	9-Mile/Range Creek Tavaputs Weekend
June 22	Tennis Lessons, session 2 begins	August 16	Range Creek Tour
June 22-26	CEU Girls Basketball Camp	August 17	CEU Classes begin, Autumn Semester
June 22-26	CEU High School Adventure	Sept. 8-9	CPR/First Aid
June 27	River trip on the Green River	Sept. 10-13	Canoe trip in Labyrinth Canyon
June 29-July 2	CEU Volleyball Camp	Sept. 19-20	9-Mile/Range Creek Tavaputs Weekend
July 2-5	Outdoor Photography Workshop	Sept. 25-27	Castle Country Single Track Mountain Bike Festival
July 4	Climbing Wall at Pleasant Valley Days	Oct. 1-4	Rock Art Workshop
July 6	Football camp begins, ages 5-12		
July 6-8	Whitewater river workshop, ages 14-18		
July 7	Full moon float on the Green River		

FLOAT THE SAN RAFAEL RIVER — CALL FOR DATES

Outdoor Photography Workshop at Tavaputs Ranch July 2-5

Guides & instructors:
Layne Miller & Juanita McEvoy
This is one of the most beautiful places you will ever find yourself. Treat yourself to something special at this four star resort.
Fee: \$565, includes lodging at Tavaputs Ranch, meals, and transportation from Price, UT.
Discount for early registration!

Carbon Rec Policies

Pre-registration is required for all programs. Programs have a minimum participation requirement and will be cancelled if there are not enough registrations. Register early, some programs fill to capacity.

Due to circumstances beyond our control, some details may change. Call to confirm dates and times.

All registrations must be made at the Recreation office. Schools cannot accept registrations.

Financial assistance is available to children from families who qualify. If you cannot afford a program, ask. Assistance may be available.

There is a strict refund policy. In some instances refunds cannot be given, such as deposits for workshops or rental equipment. Please ask about the refund policy before registering.

PRICE INSURANCE AGENCY
Roy Nikas, CIC • 54 W. Main, Price • 637-3351

YOUTH SPORTS CAMPS & LEAGUES

Volleyball Camp

Camp director: Brent Martindale, CEU Volleyball Coach
June 15-19, 9-11 a.m. • Fee: \$35, includes camp t-shirt
For ages 10-18, split into appropriate age and skill groups
Camp will be at the BDAC.

T-Ball & Peewee Baseball

Price, Helper, & East Carbon

T-Ball ages 4-6. Peewee ages 7-9. Reg deadline: May 12
Fee: \$15

Price: Ages 4-9 • Games will be Tues & Thurs evenings
Helper: Ages 4-9 • Tuesday & Thursday evenings
East Carbon: Ages 4 to 6 • Mon & Wed evenings in EC



Youth Football League

For Grades 5 to 7 • Fee: \$90

Earlybird registration fee: \$75 if paid by May 21

After May 21 the fee is \$90. NO EXCEPTIONS, NO EXCUSES!

League for 5th to 7th grades. Games will be played Saturday mornings and Wednesday evenings.
Games begin in August.

Advanced Baseball Camp

Camp director: Scott Madsen, CEU Baseball Coach
June 22-25, noon to 2 p.m. • Fee: \$35, includes camp t-shirt
For ages 8-18, split into appropriate age and skill groups
Camp will be at Colosimo/Carlson Field.

Kids Sports Camps

Camp Director: Frank Ori

For youth 5 to 11 (Split into age-appropriate groups)

This is a chance for your young athlete to get all the playing time he/she craves. Each session will be at Castle Heights Elementary School. Baseball, football, and soccer camps are being held immediately after Day Camp, so your child will also get lunch! No lunch will be provided for the basketball camp (at Creekview Elementary).

Besides getting lots of playing time, the athletes will also learn rules, sportsmanship, and training necessary to excel. There is also a great comraderie at these camps between players and coaches.

Each camp is held Monday through Thursday

Baseball: June 8-18

Soccer: June 22-July 2

Football: July 6-16

Basketball: July 27-August 6

Fee: \$25 for any one camp

Just \$85 for all four camps!



Baseball Camp, for ages 5-11

June 8-18, Monday through Thursday

Fee: \$25, includes camp t-shirt

Castle Heights Elementary, 11:30 a.m.-1:30 p.m. Camp will teach fundamentals and prepare youth for game situations. Youth will be split into age appropriate groups.

Emphasis will be on having fun. Lunch will be provided as part of the School District Summer Lunch Program.

Soccer Camp, for ages 5-11

June 22-July 2, Monday through Thursday

Fee: \$25, includes camp t-shirt

Castle Heights Elementary, 11:30 a.m.-1:30 p.m. Camp will teach fundamentals. Emphasis will be on having fun. There will be sessions where players learn rules, plus offensive techniques, defense, how to play goalie, etc. Lunch will be provided as part of the School District Summer Lunch Program.

Football Camp, for ages 5-11

July 6-16, Monday through Thursday

Fee: \$25, includes camp t-shirt

Castle Heights Elementary, 11:30 a.m.-1:30 p.m. Camp will teach fundamentals. Emphasis will be on having fun. There will be sessions where players learn rules, plus offensive techniques, defense, etc. Lunch will be provided as part of the School District Summer Lunch Program.

Basketball Camp, for ages 5-11

July 27-August 6, Monday through Thursday • Fee: \$25, includes camp t-shirt

Ages 5-8; 9-11 a.m.; Ages 9-11; 11 a.m. to 1 p.m. at Creekview Elementary

Emphasis will be on fundamentals and having fun. Players will learn the correct way to dribble, shoot, and pass. Teamwork will be emphasized. There will be sessions where players learn rules, plus offensive techniques, defense, etc. Lunch will NOT be provided as part of this camp.

Thanks to these volunteers:

Frank Saccomanno	Bradley Shaw	Tony Kobe
Karlene Bianco	Kerry VanDyke	Stewart Blessing
Karra Hiram	Wade Williams	Jake Johnson
Darrin Hurdsman	Dale King	Neil Frandsen
Tyler Carlisle	Rachelle Blanc	Garth Frandsen
Clint Badback	Gary Haeck	Wayne Frandsen
Adam Rogers	Bart Sorenson	James Frandsen
Phillip Richardson	Nicole Steele	Jason Frandsen
Mike Gagon	Cherisse Pinnt	Rudy Metelko
Jeff Nielsen	Wes Thompson	Larry Newby
Ryan Moynier	Scott Crider	Steve Crouse
Ben Martinez	Steve Salas	Jennifer Crouse
Andy Jones	Brock Fausett	Casey Hopes
Brent Martindale	Jessica Fausett	Josh Veal
Steve Robinett	Greg Schmitz	Kyle Abeyta
Justin Powell	Mike Schmitz	Chuck Abeyta
Rod Daugherty	Seth Allred	Cory Callahan
Jackie Byrge	Dallas Howa	Jeff Hunt
John Elswood	Kasey Peterson	Sam Sanderson

BASSO GM

1355 So. Carbon Ave., Price • 637-0110

Summer Day Camp (Ages 5-12)

June 1 through July 23 In Price & East Carbon

In Price at Castle Heights Elementary
Director: Shannon Thompson
East Carbon Camp Director:
Jessica Stock

Monday through Thursday
9 a.m. to noon at both locations.

(A minimum of 20 registrations required at
each location to hold a camp)

Weekly Themes & Field Trips

Week 1 Writing on the Wall — Prehistoric Museum

Week 2 Welcome to Hollywood — Movie Theater

Week 3 Riding the Wild Rapids — Wave Pool

Week 4 Saturday Night Fever — Gateway Bowling

Week 5 Snips and Snails — Helper Parkway

Week 6 It's All Greek to Me — Helper Pool

Week 7 Swinging Safari — Climbing Wall

Week 8 Harvest Hoedown — Carnival

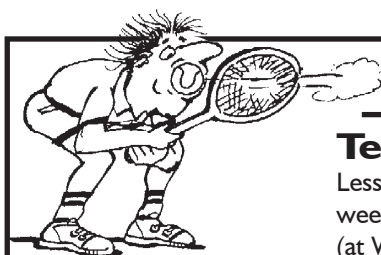
Children will be served lunch in conjunction with the School District Summer Lunch Program.

Fee: \$100 for the entire eight-week program; or \$17 per week; or \$5 per day.

There will be a field trip or activity each week.

Not only is the cost barely over a dollar an hour, but you won't need to fix your children lunch when they get home! The 8-week fee is a bargain, even if you miss a week. Sorry, no refunds or credits can be given.

**If your kids get bored this summer it's your own fault!
Save their boredom and your sanity.
Send them to Day Camp!**



TENNIS

Tennis Lessons — Each session will include 9 lessons

Lessons for beginning and intermediate players. Lessons will be M-T-W each week for three weeks. All players need to be at the city tennis courts (at Washington Park) at 9 a.m. the first day of each session. Times may vary after the first lesson, depending on age, ability and the number of participants. Classes will be held in the mornings, split according to age and ability levels. Fee: \$20 per session or \$35 for both. Rackets are available to use.

Session 1: June 1-June 17
Session 2: June 29-July 15

Lessons will be taught
Monday, Tuesday, and Wednesday
each week for three weeks

**FIRST-TIME STUDENTS
JUST \$20 FOR BOTH
SESSIONS!!!!!!**

INTERNATIONAL DAYS CARBON REC ACTIVITIES JULY 30-31, AUG. 1

Pool Party — FREE

July 30 — Noon to 8 p.m.
Sponsored by Pinnacle HVAC

5K Run-Walk

Aug. 1 • Fee: \$10, includes t-shirt
PLEASE PRE-REGISTER — T-shirts only to those pre-reg-
istered by July 29. Meet in the parking lot of the museum
at 7:30 a.m. for pre-race instructions. Race begins at 8 a.m.
Awards to winners in several divisions. Volunteers needed!

Wall Climbing — FREE

July 31 — 10 a.m. to Noon for Kids Day at
Pioneer Park

Aug. 1 — Noon to 4 p.m. at Washington Park

Wall Climbing Competition

Aug. 1 • Fee: \$5 • 4 p.m. at Washington Park
Challenge other climbers in your age category. Com-
petition will be to climb all three sides of the wall with
the fastest cumulative time. Prizes to winners in each
category.

3-on-3 Basketball Tournament

Aug. 1 • Fee: \$20 per team early registration,
\$25 on-site

Divisions: 11 and under • 12-14 • 15-18 • Open
Prizes to winning teams.

Horseshoe Tournament

Aug. 1 • Doubles Competition
\$2 per person • Show up at 2 p.m. and play!

All activities and competitions will be held at
Washington Park. The 5K race will organize in the
Prehistoric Museum parking lot. Please pre-regis-
ter for all activities. All registrations must be made
at the Recreation Office.

For information call 636-3702

MCDONALD'S RESTAURANT
409 E. Main, Price • 637-6825

5K RACES

International Days Aug. 1
Helper Arts Festival Aug. 15

Cost: \$10 each

Each race includes an event t-shirt for pre-registered participants only. Those who register after the deadline or on race day will not receive a t-shirt.

Aug. 1 International Days
 Registration deadline for t-shirt is July 29

Aug. 15 Helper Arts Festival
 Registration deadline for t-shirt is August 12

Check-in for each race will be 7:30 a.m.
 Races will begin at 8 a.m. Plaques will be awarded to category winners of each race.

OVERALL WINNER OF EACH RACE RECEIVES FREE ENTRY TO THE MAMMOTH MARATHON!



Kayak Workshop

July 18-19

on the Green River

Instructor:

Bo Christensen

Move your kayaking to the next level!

Fee: \$135 • Early registration discount \$105 if paid by June 18
 Includes some meals.

Spend two days with an ACA Certified Instructor learning skills and techniques to dramatically improve your skills.

CARBON REC CLIMBING WALL

Pleasant Valley Days in Scofield, July 4

11 a.m. to 3 p.m.

Community Days in East Carbon, July 11

11 a.m. to 3 p.m.

Day Camp, July 16 & July 23

9:30-11:30 a.m.

International Days July 31 & August 1

July 31: 10 a.m. to noon at Pioneer Park

August 1: noon to 4 p.m. at Washington Park

County Fair August 7 & 8

11 a.m. to 3 p.m.

Helper Arts Festival August 15

10 a.m. to 6 p.m.

FREE

First Aid/CPR Certification


Red Cross Certification • Instructor: Barbara Robinett

May 12-13 • June 9-10 • July 14-15 • August 11-12 • September 8-9

Red Cross requirements have changed. Instruction manuals are now required for those not currently certified.

Currently certified, doing re-certification: \$25 • Current certification card required

Not currently certified (instruction manual included): \$40



Linda's School of Dance

Classical Ballet, Pointe, Tap, Jazz,
Creative Modern Dance, Adult Classes


Coordination, Self-Confidence, Self-Discipline Are The Results of Quality Instruction

Certification Through: Royal Academy of Dance, Dance Educators of America (Instructor Linda Johnston)

For Information & Registration Please Call:
(435) 637-2725 or (435) 472-8411

Dance concert May 29-30 at Geary Theatre

Linda's School of Dance • 58 North Carbon Avenue • Price



Celebrating 44 Years

Home of the "Nonstop Dance Company"

Emery Telcom
Making the Most of Life

455 E. Hwy. 29, Orangeville
 748-2223

Carbon Rec

Registration Form

CALL 636-3702

CALL 636-3702

Class or Program _____

Name _____ Male ____ Female ____ Home Phone _____

Parent or Guardian _____ Work Phone _____

Address _____ City _____

Grade _____ Age _____ School _____

Email address if you would like to get regular program notices _____

In Emergency Call _____ Phone _____

THIS IS A LEGAL DOCUMENT. PLEASE READ BEFORE SIGNING,
HOLD HARMLESS AGREEMENT: I, the undersigned, for and in consideration of permission granted me by participating agencies and Carbon County Recreation to participate in recreation programs, do hereby release and agree to hold harmless Carbon County, and all Carbon County Municipalities, College of Eastern Utah, Carbon County School District, Carbon County Recreation, their successors and assigned, for all claims, demands, actions and causes of action at law or equity, arising by reason or in manner growing out of participation in recreation programs, Further, I understand that Carbon County Recreation does not provide accidental medical insurance for participants while engaged in sponsored recreation programs. Securing appropriate medical insurance is the responsibility of the participant, or the participant's family. Some activities are active and injury may occur.

Signature (if minor, signature of parent/guardian): _____

Office use only
Date Paid _____ Amount Paid _____ Receipt# _____ Check _____ Cash _____

Registration/ refund policy

Program fees must be paid prior to participation in any activity. You may register over the phone, but only by using a credit card to pay for the program.

If a program is cancelled, a cash refund will be given. Cash refunds will not be given in any other instance. A credit slip may be issued, depending on the specific program. In some instances, no refunds or credit slips will be issued, such as deposits paid for workshops or rental equipment. Ask for a copy of the refund policy before you register.

Adult Softball

Carbon County Fair Tournament

August 7-8 • Fee: \$150 • Registration Deadline: August 5
Divisions: Men's and Co-ed • 3-game guarantee and great prizes.

Fall Leagues

Co-ed & One-Pitch Die Hard • Registration Deadline: July 28

Co-ed League will be traditional • Fee: \$250

Eight league games and a tournament.

One-Pitch Die Hard League is open to anyone.

Fee: \$25 per person • Tuesday evenings, just show up and play.

Play will begin in early August.

Thanks to these sponsors:

- | | |
|------------------------|---------------------------|
| Carbon Emery Insurance | Intermountain Electronics |
| Nielson Construction | Conoco Phillips |
| Market Express | Energy West |
| Taco Time | Loveless Ash |
| CC Fencing | Holiday Inn |
| Pro Rehab | Julianne's Upholstery |
| Joy Mining | Underground Mining |
| Pacific Corp | Bradley Masonry |

FARM BUREAU INSURANCE

Richard Hackwell

475 E. Main, Price • 637-8900



**Photography • Kayak
Rock Art • River Rescue**



For more information about any of the workshops, contact
Carbon County Recreation
P.O. Box 793 • Price, UT 84501
435-636-3702 • www.carbonrec.com

Extensive Line of Outdoor Rental Equipment
Gear for almost all outdoor activities. We specialize in rentals for river trips. Convenient pick up and drop off. Call for info.

Carbon Rec Tours & Outdoor Workshops

Outdoor Photography at Tavaputs Ranch

July 2-5 • Instructors: Layne Miller & Juanita McEvoy
Treat yourself to something special at this four star resort. Photograph wildlife, wildflowers, & incredible vistas. • Fee: \$565, includes two nights lodging at Tavaputs Ranch, meals, & transportation from Price, UT.

Range Creek/9-Mile/Tavaputs Ranch Weekend

Aug. 15-16 • Sept. 19-20 • Fee: \$295 • Lodging and meals provided.

Range Creek Tours

June 20 • July 11 • Aug. 16 • Sept. 20 • Oct. 3 • Guide: Layne Miller
Fee: \$75 • Private tours can be arranged on other dates.

9-Mile Canyon Tours

Aug. 15 • Sept. 19 • Oct. 2 • Guide: Layne Miller • Fee: \$55
Private tours can be arranged on other dates.

River Rescue Workshop

May 22-24 • July 10-12 • Lead instructor: Bo Christensen • Fee: \$195
An intense two-day program, plus an evening classroom session.

River Safety — The Basics

May 16 • June 20 • Lead instructor: Bo Christensen • Fee: \$75
Appropriate for people who have modest experience floating rivers.

River Rescue Review

May 17 • June 21 • Lead instructor: Bo Christensen • Fee: \$75
One day to review what you learned in the 3-day course.
Also good for people who have been running rivers for many years.

Kayak Workshop

July 18-19 on the Green River • Instructor: Bo Christensen
Fee: \$135 (early registration discount) Learn skills and techniques to move your abilities to the next level.

Outdoor Photography Workshop

September 5-6 • Instructor: Layne Miller • Fee: \$155
In the Manti-LaSal National Forest and the San Rafael Swell.

Castle Country Single Track Mtn Bike Festival

September 25-27 • Come see our incredible single-track trail system
Fee: \$35, includes t-shirt, two meals, and a chance to win a mountain bike.

Rock Art Workshop

October 1-4 • Guide/Instructor: Layne Miller • Fee: \$235
Visit and learn about world famous sites in the San Rafael Swell, 9-Mile Canyon, and Range Creek.

Early registration discount for most workshops and some tours. Double occupancy discount for Tavaputs Ranch programs. Call for more information.

Design Your Own Adventure

Want to do something that isn't in the schedule? How about a river rescue course for your group, or a one-day river rescue refresher?

Maybe you have wanted to learn to row a raft or maybe you want to learn to kayak. Or perhaps your interest is in learning the techniques necessary to make canyoneering or rock climbing safe.

We will do just about anything you can think of. Let us help you accomplish your goals.

Just how significant is Range Creek?

During the last few years two documentary videos have been about Range Creek, including an episode of Scientific American. Articles have been published in major newspapers and magazines across the country. Countless websites provide information about this unique place:

<http://www.greatoutdoors.com/published/general/news/thelost-worldofrangecreek/>
http://www.smithsonianmag.com/history-archaeology/range_creek_ranch.html
http://wildlife.utah.gov/range_creek/index.php

**JAMES BANASKY
INSURANCE**
6 W. Main, Price • 637-7803

FAMILY ADVENTURE RECREATION

RAFT, INFLATABLE KAYAK & CANOE TRIPS ON THE GREEN RIVER. BRING THE WHOLE FAMILY!

(FOR SAFETY REASONS, PARTICIPANTS MUST WEIGH BETWEEN 60 & 250 POUNDS)

San Rafael River Trip CALL FOR DATES

May 23	Green River Day Trip
June 20	Green River Day Trip
June 23	Green River Day Trip
July 7	Green River Day Trip
July 7	Green River Full Moon Float
July 11	Green River Day Trip
July 18	Green River Day Trip
July 30	Green River Day Trip
Sept. 10-13	Labyrinth Canyon Canoe Trip

**These days don't
work for you? We
will do trips almost
any day for any
number of people.
Call to schedule.**

All equipment and gear provided for all trips. For day trips participants will need to provide their own lunch and transportation to the launch site. Shuttle service will be provided. Transportation and food provided for multi-day trips.

River Rescue Review • May 17 & June 21

Fee: \$75 per person • Lead Instructor: Bo Christensen
Review what you may have forgotten over the years.

River Rescue Workshop • May 22-24 & July 10-12

Fee: \$195 per person/early registration discount • Lead Instructor: Bo Christensen
This workshop will concentrate on practical rescue techniques on larger rivers, such as the Green and Colorado rivers, the Main Salmon and Snake. Rafts and other group equipment provided. Call for a detailed flyer.

River Safety — The Basics • May 16 & June 20

Fee: \$75 per person • Lead Instructor: Bo Christensen
One day to review what you may have forgotten over the years.

CLIMBING & RAPPELLING WORKSHOP

July 14-15 • A great family relationship builder!
In the evenings each day, 5-8 p.m.

MUST PRE-REGISTER

Fee: \$20 per person • Discount to Carbon County residents: \$10 for adults and just \$5 for a Carbon County child who registers with a parent.

Parents: This is high adventure — not high risk
Safety precautions are taken which make this as safe as a neighborhood softball game. We believe this is one of the best recreational activities available to teach youth to overcome obstacles, plus learn non-competitive teamwork, build confidence, self-reliance, and self-esteem — the building blocks of life.



BOOK YOUR OWN GROUP OUTING • CALL 435-636-3702 TO SCHEDULE A DATE



River Trip Prices

One-day river trips on the Green River and the San Rafael River

Green River: Individual cost \$35 each; children who register with a parent \$30 each

San Rafael: Individual cost \$60 each, includes inflatable kayak; two people in the same group are \$45 each, includes tandem inflatable kayak. Includes guide and transportation. Call for dates.

Group Rates: Great for family reunions, youth groups, or just an outing for a bunch of friends.

Green River in paddle rafts		San Rafael River in inflatable kayaks (tandems)	
For up to 8 people	\$280	For up to 6 people	\$310
For up to 16 people	\$350	For up to 8 people	\$360
For up to 24 people	\$440	For up to 12 people	\$480

Three to five day canoe trips on the Green River in Labyrinth Canyon
Choose your launch date!

4-Day Canoe trip for groups: 3 people \$960; 5 people \$1190; 7 people \$1480
9 people \$1700; 10 people \$2120; 12 people \$2400; 14 people \$2800

3-day trips (high water only) are slightly less, 5-day trips slightly more
Call for more information or to book a trip.

Join us Sept. 10-13: Individuals may register for a four-day trip launching Sept. 10. Cost is \$300 per person.



R&A MARKET
408 S. Main, Helper • 472-3301



CARBON REC YOUTH ADVENTURE WORKSHOPS SUMMER 2009 FOR AGES 14-18



- What you'll get from one of our adventures:
- Gain invaluable outdoor skills
 - Advance through leadership opportunities
 - Forge new friendships through teamwork
 - Memories that will last a lifetime

Carbon Rec — We're not your typical recreation agency
www.carbonrec.com

Whitewater river workshop, July 6-8

Because flat is a four letter word
Utilizing kayaks and rafts on the Green River
No experience necessary — All training provided
This isn't a lazy river float. You will learn to control a kayak, read whitewater, and learn the mechanics of a paddle raft. Plus, you'll be treated to a float under the full moon.

Registration \$235
Early registration \$215
Really early registration \$180

Backpacking/Canyoneering workshop, July 15-17

No experience necessary — All training provided
Learn all the skills necessary to negotiate technical canyons in the San Rafael Swell

Registration \$215
Early registration \$195
Really early registration \$170

The All-around Adventurer workshop, July 23-25

No experience necessary — All training provided
Kayaking, Mountain Biking, and Canyoneering
in the San Rafael Swell

This is the most action-packed three days you'll ever spend.

Registration \$215
Early registration \$195
Really early registration \$170

Climbing/Mountaineering workshop, August 6-8

No experience necessary — All training provided
Bouldering, Rock Climbing, and Mountaineering training and out-ings

Registration \$215
Early registration \$195
Really early registration \$170

Limited enrollment in all workshops. Register early to secure your spot.
Meals and technical equipment provided. You must provide your own personal gear.

Early registration is payment in full 30 days before the workshop begins
Really early registration is payment in full 60 days before the workshop begins

To register or if you have
questions call
435-636-3702 or email
Bo Christensen at
bo.christensen@ceu.edu



In partnership with College of Eastern Utah

Call and chat with your adventure guide
435-636-3702

Carbon Rec Outdoor Equipment Rentals

Want to do your own
adventure?

Carbon Rec can help
outfit your trip!

We rent:

River gear: rafts,
canoes, & kayaks; plus
everything else you
need.

Backpacking gear:
tents, sleeping bags,
stoves, & backpacks

Climbing equipment:
Harness, helmets, and
shoes

Camping equipment: all
sizes of tents, sleeping
bags and pads

Camping: tents, sleep-
ing bags, pads, and
stoves

Mountain Bikes

We have a large
amount of outdoor
equipment avail-
able to rent. It is
impossible to list
it all here. If you
need something, call
us. There is a good
chance we have it.

PARTY EXPRESS

29 E. Main, Price • 637-3393

**COLLEGE
OF
EASTERN UTAH**

**CONTINUING
EDUCATION**

**THE BEST
EDUCATIONAL VALUE
IN THE STATE**

**TUITION COMPARISONS
PER 3 CREDIT HOUR CLASS**

CEU	\$175.00
DIXIE	*\$315.00
SNOW COLLEGE	*\$410.00
SLCC	*\$430.00
U OF U	*\$550.00
SUU	*\$640.00
UVU	*\$669.00
WEBER STATE	*\$697.00
UTAH STATE	\$811.01

FOR MORE INFORMATION PLEASE CONTACT:

VIKI BOWMAN	LORI WAIT
CONTINUING EDUCATION	DISTANCE LEARNING
(435) 613-5664	(435) 613-5602
viki.bowman@ceu.edu	lori.wait@ceu.edu

TUITION REFLECTS UTAH RESIDENT FEES.
NON-RESIDENT FEES ARE HIGHER.

*OFFERS ONLINE COURSES ONLY.
TWO-WAY INTERACTIVE AUDIO/VIDEO
NOT AVAILABLE.

FITNESS WORLD

WE'RE TAKING INCHES OFF THE WORLD!

613-SLIM

47 WEST MAIN, PRICE

Group X Class Schedule (28 Classes a Week)

Fitness Class Schedule:

Cardio Pump	M-W-F	5:15 a.m.
Dance Aerobics	T-W	5:15 a.m.
	T-TH-F	12:05-12:55 p.m.
Pilates	T-W-TH	8:30 a.m.
Step Aerobics/Toning	M-W	12:0512:55 p.m.
	M-W	5:30 p.m.
	T-TH	7 p.m.
Scupt & tone	M-T-TH	4 p.m.
Turbo Jam®/Turbo Kick®	T-TH	5:30 p.m.
TaeBo®	M-W	7 p.m.
	Sat.	9 a.m.
Yoga	M-W	7 p.m.
	TH	4:30 p.m.
Karate-Kids Class	W-F	4 p.m.
Adult Class	T-TH	5:30-7:30 p.m.

Open Mon-Fri 5 a.m. to 8 p.m.; Sat 8 a.m. to 2 p.m.

****Karate & Tanning extra — day passes and monthly memberships only — no long term contracts**

College of Eastern Utah
SAC Ballroom — 3 credits — 613-5664
Turbo Jam®/Turbo Kick® with Jerri M-W-F 11 a.m.

DINOSAUR TIRE
200 E. Main, Price • 637-2480

4TH OF JULY CELEBRATION

Saturday, July 4

Family Fun
& Fireworks

Carbon
County
Fairgrounds

Bring the family to see the fireworks at the fairgrounds and come early for some additional fun. There will be bands, games, food and just a good time.

Sponsored by Carbon County Healthy Family Coalition, Carbon County, Kiwanis Club, Price, Helper, and Wellington cities

For More information call
636-3214

CASTLE COUNTRY SINGLE TRACK MTN BIKE FESTIVAL SEPTEMBER 25-27

Rides begin Friday afternoon
and continue through Sunday afternoon
Rides for confident beginners to expert

Dinner provided Friday and Saturday
Prize drawing that will include an
All Mountain Trail Bike

Guides and sag wagons provided for all rides

Fee: \$35, which includes an event t-shirt

435-636-3702

Sponsored by Utah's Castle Country



UTAH STATE UNIVERSITY PRICE

Bachelor's Degrees

- Accounting
- Business
- Communicative Disorders/Deaf Education (2nd BS)
- Computer Science
- Elementary Education
- Entrepreneurship
- Family, Consumer, & Human Development
- Family Life Studies
- History
- Interdisciplinary Studies
- Psychology
- Secondary Education – History, English
- Special Education

Master's Degrees

- Agricultural Systems Technology
- Alternate Route to Licensure (ARL)
- Computer Science
- Elementary Education
- English – Technical Writing
- Family & Human Development
- Health, Physical Education & Recreation
- Instructional Technology
- Natural Resources
- Psychology – School Counseling
- Rehabilitation Counseling
- Secondary Education

Education worth staying for.



435.613.5610
155 East 500 North
price.usu.edu



WORKMEN'S MARKET

101 W. 200 N., Helper • 472-3449



SCOFIELD TRIATHLON

7.18.09

This sport is hard enough
TriSports.com
Your shopping shouldn't be.

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ENDURANCE FUELS

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UTAH'S CASTLE COUNTRY

BBSCE ENDURANCE SPORTS
Multi Sport Race Management Team

Community Swim Meet

At Desert Wave
435-637-SWIM

May 9

All Ages
Warm up at 9 a.m.
Meet starts at 10 a.m.
Registration: \$5

Freestyle
Back stroke
Breast stroke
Butterfly
Doggie Paddle

GOLF • At Carbon Country Club

Beginning Junior Clinics
June 1-5 • July 27-31 • Instruction and play

Tournaments

May 9 Seniors Amateur
June 13-14 Mixed Best Ball
July 10 Black Diamond Pro-Am
July 11-12 Black Diamond Open
Aug. 6 Junior Tournament
Aug. 8-9 Pepsi Eastern Utah Amateur
Aug. 12 Ladies Best Ball
Aug. 22 Couples 3 & 1
Sept. 12 Coal Country Classic
Sept. 26-27 CCC Club Championship
Oct. 3 Men's Association Championship
Oct. 10 Member Guest
Oct. 31 Halloween Scramble

Group and private lessons available.

For more information call 637-2388.
All registrations must be made at the Country Club.



*We actively promote involvement with
the Forest Service and the BLM to
maintain, and keep trails open.
Remember riding on public lands is a
privilege, not a right. Protect your
privilege..... Stay on the trail.
Become involved*

Utah OHV Regulations
1-800-OHV-RIDE

Utah Shared Access Alliance
www.usaall.org

Blue Ribbon Coalition
www.sharetrails.org

*Come Enjoy The Fun
And*

Protect Your Right To Ride

*Monthly Group Rides
Meetings Held Every Third Thursday
Each Month (Fairgrounds Reception Center)
Youth Safety Courses
Everyone Welcome*

www.ccohva.org

SUTHERLANDS
406 S. Hwy. 55, Price • 613-1512



Desert Wave Pool

240 East 500 North
Price, Utah 84501
435-637-SWIM(7946)

Summer Hours
Begin May 24



Public Swim Hours

Wave Pool

Monday - Saturday Noon - 8 pm
Sunday Noon - 6 pm

Indoor Pool

Monday - Saturday 1-6 pm
Sunday CLOSED

Birthday Parties \$35.00

Includes admission for 10, reserved table with balloons, 10 ice cream cups and
10 small drinks

Call today to reserve this wonderful package!!

Swimming Lessons

\$30.00 • Call for levels and times.

Summer Sessions

- | | |
|-----------------------|---------------|
| #1 June 1 - 11 | #2 June 15-25 |
| #3 June 29 - July 9 | #4 July 13-23 |
| #5 July 27 - August 6 | |

Lap Swim Hours

Indoor Pool

Monday - Friday
5:30-8 am 11 am-1 pm 7-8 pm

Water Aerobics

Monday - Friday 8-9 am
Monday - Thursday 6-7 pm

Admission Fees:

Adult (16 & Older)	\$4.00
Child (4-15)	\$3.00
Senior	\$2.75
Family of 5	\$13.25
Each Additional	\$2.75

Children 6 & under must be accompanied by an adult in the water. Swim diapers are REQUIRED.

Lap Swim

Adults (18 & over)	\$2.00
Children & Seniors	\$1.75

Water Aerobics

Single Admission	\$3.50
10 Day Punch Pass	\$24.00
20 Day Punch Pass	\$47.00
30 Day Punch Pass	\$66.00

Wednesday

Dollar night after 5 pm

BEACH PARTY - FREE SWIM

July 30 • Free Admission

Sponsored by Pinnacle HVAC

Noon-8 pm

Come Enjoy free swimming, music & many fun activities all day long!!

CEU Continuing Education Classes, Summer 2009

Non-credit Fee • \$75 plus Class Fee

Classes to run May 11 – July 31

Handguns I • 2 Credit • Instructor: Jason Marshall
Mondays, 3-5:30 pm • Fee: \$40

Firearms Safety & Handling • 2 Credit
Instructor: Jason Marshall,
Tuesdays, 3-5:30 pm • Fee: \$40

Trap & Skeet Shooting • 2 Credits • Instr: R. McManus
Wednesdays, 5-7:30 pm • Fee: \$70

Tang Soo Do • 2 Credits • Instructor: Lawrence Dow, Jr.
Tues & Thurs, 6-7:30 pm • Fee: \$10

Kung Fu • 3 Credits • Instructor: Jack Chen
Monday & Wednesday, 6–8 pm • Fee: \$10

Tai Chi • 3 Credits • Instructor: Jack Chen
Tues & Thurs, 6-8 pm • Fee: \$10 • Pioneer Park

Classes to run May 11 – June 19

Fly Fishing • 1 Credit • Instructor: Randy McManus
Tuesdays, 5-7 pm • Fee: \$40

Mountain Biking • 2 Credits • Instructor: Jon Krum
Tuesday, 5-7 pm • Fee: \$60

Wire Wrapped Jewelry • 1 Credit • Instr: V. Bowman,
Wednesdays, 5:30-8 pm • Fee: \$40, plus supplies

Classes to run June 22 – July 30

Fly Tying • 1 Credit • Instructor: Randy McManus
Tuesdays, 5-7:30 pm • Fee: \$10

River Running • 1 Credit • Instructor: Steve Christensen
Tuesdays, 5-7 pm • Fee: \$65

Backpacking • 1 Credits • Instructor: Bo Christensen
Wednesday, 5-7 pm • Fee: \$60

Rock Climbing I • 1 Credit • Instr: Bo Christensen
Wednesday, 3-5 pm • Fee: \$30

CEU Continuing Education Classes, Autumn 2009

Non-credit Fee • \$75 plus Class Fee

Classes to run August 17 – Dec 10

Guitar Making • 3 Credits • Instructor: Elias Perez
Thursdays, 5-9 pm • Fee: \$20, plus supplies

Trap & Skeet Shooting • 2 Credits • Instr: R McManus
Tuesday, 5-7 pm • Fee: \$70
Wednesday, 5-7 pm • Fee: \$70

Outdoor Photography • 2 Credits • Instr: Layne Miller
Thursday, 5-7 pm • Fee: \$20

Horsemanship II • 2 Credits • Instr: Juanita McEvoy
Tuesday, 5-7 pm • Fee: \$30

Tang Soo Do Martial Arts • 2 Credits • Instr: L. Dow
Tuesday & Thursday, 6:30-8 pm • Fee: \$20

Mountaineering • 3 Credits • Instr: Steve Christensen
Tuesday, 5-8 pm • Fee: \$60

Silversmithing • 3 Credits • Instructor: Patrick Braun
Tuesday, 6-9 pm • Fee: \$30, plus supplies

Service Learning • 1-3 Credits • Instr: Kathy Murray
TBA, TBA • No class Fee:

Sign Language I • 3 Credits • Instructor: Janet Lowe
Tuesday & Thursday, 6-7:30 pm • Fee: \$10

Break Dancing • 1 Credit • Instructor: Tyrone Bonner
Tuesday, 3-4 pm • Fee: \$20
Thursday, 3-4 pm • Fee: \$20

Kung Fu Martial Arts • 3 Credits • Instructor: Jack Chen
Monday & Wednesday, 6-7:30 pm • Fee: \$20

Tai Chi Martial Arts • 3 Credits • Instr: Jack Chen
Tuesday & Thursday, 5–6:30 pm • Fee: \$20

Digital Photography I • 2 Credits
Instructor: Scott Frederick • Monday, 6-8 pm • Fee: \$40

Private Pilot Ground School • 3 Credits
Instructor: Jess Hall • Wednesday, 6-9 pm • Fee: \$20

Highland Scottish Dance • 3 Credits • Instr: D. Tobey
Tuesday & Thursday, 6:30-8:00 pm • Fee: \$10

Turbo Jam/Turbo Kick Aerobics • 3 Credits
Instructor: Jerri Timothy
Mon, Weds, & Fri • 11-11:50 am • Fee: \$10

Classes to run Aug 17 – Oct 7

Handguns I • 2 Credits • Instructor: Jason Marshall
Tuesday, 3-6 pm • Fee: \$40

Fly Fishing • 1 Credit • Instructor: Randy McManus
Monday, 5-7 pm • Fee: \$40

Firearms Safety & Handling • 2 Credit
Instr: Jason Marshall • Mondays, 3-6 pm • Fee: \$45

River Running • 1 Credit • Instr: Steve Christensen
Tuesday, 3-5 pm • Fee: \$65

Backpacking I • 1 Credit • Instructor: Bo Christensen
Wednesday, 3-5 pm • Fee: \$60

Mountain Biking • 2 Credits • Instructor: Jon Krum
Mondays, 5-7 pm • Fee: \$60

Rock Climbing • 1 Credit • Instructor: Bo Christensen
Mondays, 3-5 pm • Fee: \$30

Dutch Oven Cooking • 1 Credit
Instructor: L. Miller • Wednesday, 6-8 pm • Fee: \$40

Rock Art of the Native Southwest • 2 Credits
Instructor: Layne Miller • Tuesday, 5-7 pm • Fee: \$20

Paintball/Speedball • 1 Credit • Instr: Ryan Piccolo
Thursday, 4-6 pm • Fee: \$75

Intro to Tour Guiding • 1 Credit • Instructors: Staff
Thursday evening & tour on Saturday, TBA • Fee: \$75

Reiki Energy for Relaxation • 2 Credits
Instr: Viki Bowman • Wed, 5:30-8:30 pm • Fee: \$20

Classes to run Oct 8 – Dec 10

Fly Tying • 1 Credit • Instructor: Randy McManus
Monday, 5-7 pm • Fee: \$30

Marksmanship I • 1 Credit • Instr: Jason Marshall
Monday, 3-6 pm • Fee: \$40

Kayaking I • 1 Credit • Instructor: Bo Christensen
Thursday, 3-5 pm • Fee: \$60

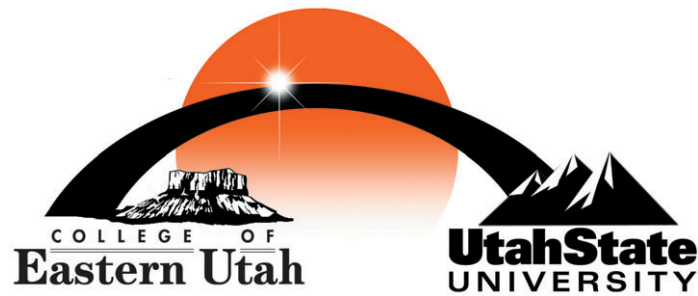
Stone Cutting & Polishing • 2 Credits • Instr: J. Bird
Tuesday & Thursday, 6-9 pm • Fee: \$40

Wall Climbing • 1 Credit • Instructor: Bo Christensen
Monday, 3-5 pm • Fee: \$30

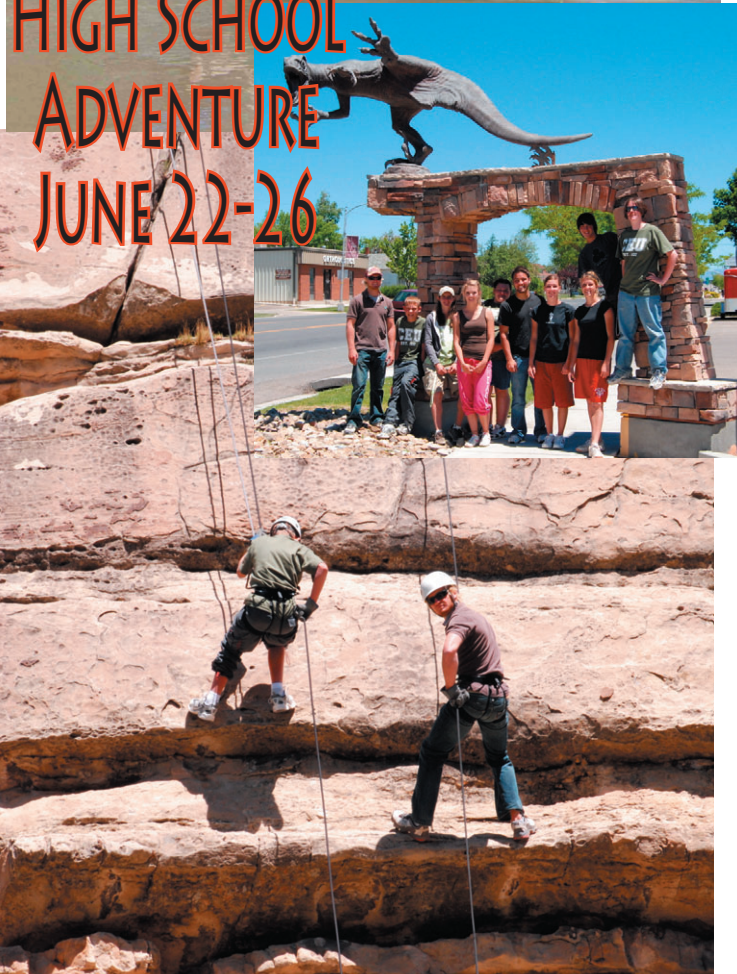
Wire Wrapped Jewelry • 1 Credit • Instr: V. Bowman
Wednesday, 5:45-8 pm • Fee: \$70

Handguns II • 2 Credits • Instructor: Jason Marshall
Tuesday, 3-6 pm • Fee: \$40

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48 E. Main, Price • 637-1927



**HIGH SCHOOL
ADVENTURE
JUNE 22-26**



CEU-USU High School Adventure **June 22-26, 2009 in Price, UT**

Adventure Guide: BO CHRISTENSEN

Day One — Orientation

The adventure will begin in Price at noon on Monday, June 22. You will eat lunch, meet the guides, and introduce yourself to the other participants. The afternoon and evening will be spent settling into your dorm room, arranging for necessary gear, learning to tie knots, learning basic rescue techniques, and climbing on our portable climbing wall.

Day Two — On the River

This is not just a river trip. You will learn to paddle an inflatable kayak, row a raft, and basic river rescue skills.

Days Three & Four — Backpacking

Backpack one of the famous canyons in the San Rafael Swell. Spend the night in a truly wild place.

Day Five — Rock Climbing

Beginner to advanced routes at our very own Spring Canyon Climbing Area. Finish up mid-afternoon.

Expedition Details

All participants will stay in the CEU dormitories. Meals are provided from lunch on Monday to lunch on Friday. After registration a packet will be mailed to you containing all the information you will need.

Equipment

We provide all necessary group and technical gear. You will need to have your own personal gear, i.e. clothing, appropriate footwear, hygiene products, etc. We will provide backpacks and sleeping bags, if you need them.

Cost: \$200, includes food and lodging
Scholarships available, call for information
(Details subject to change based on participants' skills.
Participants must be in high school for the 2009-2010
school year.)

To register or if you have
questions call
435-613-5664 or email
Bo Christensen at
bo.christensen@ceu.edu



In partnership with Carbon County Recreation
www.carbonrec.com

CEU Outdoors

This program is offered in conjunction with Carbon County Recreation. It is not a club and no dues are required. Activities are open to everyone in the community. It is simply a way for the community to get together to do outdoor activities. Fees cover costs only. Trip leaders are volunteers. If you would like to volunteer as a trip leader, contact the CEU Continuing Education office at 613-5664.

CEU Outdoors maintains an information kiosk in the Student Center. You can get detailed flyers of classes and activities, or post a notice on the Shared Experience Board.

Many of the activities can accommodate a limited number of participants. Participants are always accepted on a first-come, first-served basis. Register early, some activities fill to capacity quickly.

PRICE THEATRE

30 E. Main, Price • 637-2740

Other Activities

Community Bike Ride
Every Thursday at 5 p.m.

Toddler Time at the Price
City Library every Monday
at 11 a.m. and
Thursday at 1 p.m.

Carbon School District Adult Education

It's never too late to
finish school!

- High School Completion
- GED Preparation
- Individual Instruction

Contact
Deanna Sweet or
Lana Keller
435-637-7540

Concealed Weapons Permit Classes

May 9, 9 a.m. to 1 p.m.
June 24, 6-10 p.m.
Aug. 8, 9 a.m. to 1 p.m.
Sept. 16, 6-10 p.m.

Contact College of
Eastern Utah Continuing
Education to register.
435-613-5664

Start to Finish

Start with your
associate degree
from CEU.
Continue with one
of **13** bachelor's or
12 master's degrees
from USU Price.



www.ceu.edu • 435.613.5611 • price.usu.edu • 435.613.5610

HOLIDAY INN

838 Westwood Blvd., Price • 637-8880

Carbon County Fair & Rodeo August 1-9

RODEO AUGUST 7-8

Fair Calendar

Saturday, August 1

Miss Carbon County Scholarship Pageant

Miniature Horse Show

Tuesday, August 4

Home Arts, 4-H, Quilt exhibits accepted

Youth Shooting Sports

Wednesday, August 5

Judging 4-H and Home Arts Exhibits 4-H Horse Show

Garden, Flower and Fresh Baked Good entries accepted

Thursday, August 6

4-H & Home Arts Exhibit

Team Roping

Friday, August 7

4-H & Home Arts Exhibits

Commercial Booths

Antique Tractor Show

Adopt a Pet

Rock N' Roll Entertainment

Team Roping

Castle Country Rodeo

Dance after Rodeo

Home Run Derby

Kids Activities

Small & Non-market Animal Receive Entries

Saturday, August 8

Model Air Show

Dutch Oven Cook-Off

Team Roping

Antique Tractor Show

Commercial Booths

Animal Expo

Castle Country Rodeo

Entertainment

Climbing Wall Contest

Adopt-a-Pet

4-H & Home Arts Exhibits

Baby Contest

Pickup 4-H & Home Arts Exhibits

Beef & Lamb Barbeque

All events will be held at the fairgrounds
unless otherwise noted.

Questions call 636-3214

www.carboncountyutah.com/fair

Schedule of Activities

KID'S DAY ACTIVITIES, AUGUST 7, NOON – 3 p.m.

Lots of fun activities, prizes and everything is free. There will be clowns and our very own R.J. the Clown and much more. In addition there will be a live fishing pond, games, climbing wall, 911 Safety and Highway Patrol crash demo. There will be additional activities on Saturday, more information will be provided at a later date. So bring the whole family and come join the fun.

BABY OLYMPICS, AUGUST 8, 2 p.m.

Information: 637-2215

Do you have a child two years and younger? Then come join us at this year's baby contest. They will be competing for the fastest walker, most hair, prettiest hairdo, cutest eyes, most talkative, best talent, best dressed boy and girl, best costume, and parent-child look alike. Lots of prizes will be awarded and every child wins a prize.

DUTCH OVEN COOK-OFF, AUGUST 8, 9 a.m.

Information: 637- 6346

The Annual Cook-off. Signup will begin at 9 a.m. and cook-off will begin at 10 a.m. There will be two categories, a three pot which must include a main meal, bread, and dessert, and a junior one pot, cooks choice category.

BREAD BAKING CONTEST

Date to be announced • For information call 636-3236

Each year at county fair time Utah State University Extension sponsors a bread baking contest. Cash prizes are awarded in three age divisions-Seniors, Intermediate and Juniors. Everyone competes with the same recipe by mixing bread in a bag. Recipes can be picked up at the Extension Office ahead to allow for practice time. There is no age limit! We've had them as young as 3 and as old as 68. Come try your hand at making bread. It could pay off!

HOME ARTS EXHIBITS, AUGUST 6-8

Are you a crafty or skillful person? Then come and show your work at the fair this year. The Home Arts division will be accepting homemade items for entry on Tuesday, August 7, from 10 a.m.- 5 p.m. All garden entries and home baked entries on Wednesday, August 8, from 9 a.m.-10 a.m. The entries will be open to the public on Thursday, August 9 through Saturday afternoon.

SMALL ANIMAL ENTRIES, AUGUST 7, 5 p.m.

Information: 636-3233

Do you have a farm animal that you would like to show at the fair? Then bring your animal out on Thursday, August 9 at 5 p.m.. Friday morning the animals will be judged and you can take them home at 6 p.m. on Saturday. Please bring adequate food for two days. Classes include sheep, beef, goats, miniature horses, rabbits, poultry and pigeons.

WATCH FOR NEW AND EXCITING THINGS IN 2009!

BODY GLO DAY SPA

60 W. Main, Price • 637-9189

Carbon County Senior Citizens

435-636-3202

**Lunch is available Monday through Friday
For those 60 and over suggested donation is \$3
People under 60 must pay \$6.25**



Price Senior Center
30 East 200 South
Price, UT 84501
435-636-3202
8 a.m. to 4 p.m.

East Carbon Senior Center
451 Denver Ave.
East Carbon, UT 84520
435-888-2194
8 a.m. to 3 p.m.

People under 60 must have a
senior sponsor for all activities.

Price Activities

Lunch: M-F at noon
Ceramics: M, T, W, & Th 10 a.m. to 4 p.m.
Oil Painting Class: Monday at 1 p.m.
Line Dancing: T & Th at 9 a.m.
Bowling at Jensen's Lanes: Fri at 1 p.m.
Movie: Tues at 1 p.m. (call for movie title)
Bingo: Mon at 7 p.m. & Wed at 1 p.m.
Billiards: M-F 8 a.m. to 4 p.m.
Shopping: M & Th at 1 p.m.
Computer Lab: M-F 8 a.m. to 4 p.m.
Fitness Room: M-F 8 a.m. to 4 p.m.
Square Dancing: 1st and 3rd Thursday 7 p.m.
Organ Lessons: Thursday 11 a.m. and 1 p.m.
Free hearing/hearing aid checks: 2nd Fri 10:30 a.m.
Game Day: Tuesday and Thursday 1 p.m.
Quilters Guild: 2nd Thurs 6 p.m. & 3rd Thurs 1:30 p.m.

East Carbon Activities

Lunch: M-F at 12:30 p.m.
Bingo: M, W, & Th at 1:30 p.m.
Shopping: Friday at 1:30 p.m.
Billiards: M-F 8 a.m. to 3 p.m.
Computer Lab: M-F 8 a.m. to 3 p.m.
Blood Pressure Clinic: 1st & 3rd Wednesday 11 a.m.
Exercise Class: Tuesday & Thursday 11:30 a.m.

Trips

Moab June 26-28

2 nights at Big Horn Lodge
2 breakfasts, 2 lunches, 2 dinners
2 hr Hummer tour
2 hr Jetboat tour
Canyonlands by Night light show
Single occupancy \$400 per person
Double occupancy \$360 per person

Payson Salmon Supper Aug. 7

\$28 per person
Registration deadline: July 17

Tuacahn (St. George) Sept. 11

Dinner, breakfast, "Annie" show, and a
night's accommodations at Comfort Inn
\$165 single occupancy & \$125 double

San Francisco, Wine Country, Redwoods & More!

October 5-11

\$1,595 single occupancy
\$1,585 double
\$1,455 for three in a room
\$1,395 for four in a room
Call the center to register.
\$300 deposit required.

WAREHOUSE DIRECT FURNITURE

4589 N. Hwy. 6, Helper • 472-1267



3RD ANNUAL Castle Country Rock, Fossil, & Mineral Show June 5-6, 2009

Show Times: **June 5 Noon to 7 p.m.**
 June 6 10 a.m. to 7 p.m.

Rocks, Fossils, Minerals, Jewelry, Metal Detectors, Equipment, Displays, Demonstrations, and MORE. Something for the whole family.

In the ballroom at the College of Eastern Utah J. Leavitt Student Center, located at 526 North 300 East in Price, UT
Co-sponsored by CEU Continuing Education and the Silversmith and Stone Cutting and Polishing Classes.

For information contact Patrick Braun at 435-384-2211



**Free Admission
Door Prizes**



A BETTER YOU MED SPA
280 N. Hospital Dr., Price • 637-6348

NORTH SPRINGS SHOOTING RANGE & RECREATION AREA

LONG RANGE: 1,000, 600 & 100 YARD RANGES WITH 50 COVERED SHOOTING BENCHES. (PORTABLE TARGET STANDS AVAILABLE)

PISTOL: 12 SHOOTING BAYS & STEEL "ACTION" TARGET AREA

LAW ENFORCEMENT: 70 TURNING TARGETS AT 25, 50 & 100 YARDS. "RUNNING MAN" TARGETS - BOBBERS - DUELING TREES - FALLING PLATES AND "PEPPER POPPERS".



ARCHERY: 70 "RHINEHART" 3-D TARGETS ON 2 SEPERATE RANGES, 10 BLOCK TARGETS AND EXCELSIOR BALE FIELD RANGE.
TRAP RANGE: SINGLE TRAP RANGE WITH AUTOMATIC THROWER.
CAMPING: 120 CAMPING SPACES, DRY CAMPING ONLY, R/V DUMP AVAILABLE.



SET YOUR "SIGHTS" ON US!



CASTLE GATE TOWN: COMPLETE "OLD WEST TOWN" DESIGNED FOR "COWBOY ACTION SHOOTING". 15 FALSE FRONT BUILDINGS WITH SHOOTING BAYS. 200+ STEEL TARGETS FOR COMPITITION AND PUBLIC SHOOTING. HOSPITALITY CABIN WITH FULL KITCHEN & 4 COVERED PAVILIONS (AVAILABLE FOR MEETINGS, PARTIES ETC).



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HOURS: 9:00 AM TIL DUSK WEDNESDAY THRU SUNDAY, AND "MONDAY" HOLIDAYS. (EXCEPT THANKSGIVING AND CHRISTMAS)
DIRECTIONS: TAKE SR-10 SOUTH FROM PRICE (GOING TOWARD HUNTINGTON) FOR 7 MILES, TURN RIGHT ONTO SR-122, AT THE HIAWATHA JCT. GO 3 MILES, THEN TURN RIGHT AT THE WATTIS JCT, GO 5 MILES, AND YOUR THERE !
FOR MORE INFORMATION GO TO carboncountyutah.com UNDER THE "SHOOTING RANGE" LINK, OR CALL (435) 650-7728.

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Community Contacts & Resources

Active Re-Entry Independent Living Center • 435-637-4950
 Baby your Baby • 435-637-3671
 Baby your Baby Castle Dale • 435-381-2252
 Boy Scouts, Price Office • 435-637-0859
 Bureau of Land Management, Price • 435-636-3460
 Carbon County Animal Shelter • 435-637-6654
 Carbon/Emery Rape Crisis Line • 1-866-894-8610
 Carbon County Food Bank • 435-637-9232
 Carbon County Chamber of Commerce • 435-637-2788
 Carbon County Children's Justice Center • 435-637-0281
 Carbon County Fairgrounds • 435-636-3214
 Carbon County 4-H • 435-636-3233
 Carbon County Recreation • 435-636-3702
 Carbon School District • 435-637-1702
 Carbon County Senior Citizen Center • 435-636-3202
 Castle Country Travel Bureau • 435-636-3701
 Child Care Resource and Referral • 435-613-5619
 Coal Country Housing Management • 435-637-5170
 College of Eastern Utah Health & Wellness Clinic • 435-613-5629
 CEU Athletics • 435-613-5371
 CEU Continuing Education • 613-5664
 CEU Outdoors • 435-613-5663
 Desert Lake Waterfowl Management Area • 435-653-2900
 Desert Wave • 435-637-SWIM (7946)
 Division of Wildlife Resources • 435-613-3700
 Division Of Child & Family Services Carbon County • 435-636-2360
 Early Headstart Program • 435-613-9492
 Emergency Assistance, Assoc. of Local Govt, Carbon Co. • 435-637-9232
 Division of Child and Family Services Emery County • 435-381-4730
 Domestic Violence Program • 435-381-4743
 Family Support Center • 435-637-0268 or 435-637-0281
 Forest Service, Price • 435-637-2817
 Forest Service, Ferron • 435-384-2372
 Four Corners Community Mental Health Clinic • 435-637-2358
 Golden Rule Mission • 435-472-2631
 Habitat For Humanity • 435-637-9701
 Health Dept Emery County • 435-381-2252
 Health Department WIC • 435-381-2252
 Housing Authority Carbon County • 435-637-5170
 Hunter Safety Program • 435-613-3700
 Huntington State Park (Huntington Lake) • 435-687-2491
 Intermountain Specialized Abuse Treatment Center
 ISAT Center • 435-637-4852
 Juvenile Justice Services Castle Country Youth Center • 435-636-4740

Lighthouse Life & Learning Center-Carbon School District • 435-637-7540
 Life Line Pregnancy Assistance and Support Center • 435-636-0700
 Local Interagency Council • 435-613-3128
 Northeastern Services • 435-637-6134
 OHV Training — Utah State Parks • 800-648-7433
 Perkie Travels- Active Re Entry • 435-637-4950
 Price City Library/Library Literacy Project • 435-636-3188
 Price City Parks (Reservations) • 435-636-3181
 Retired Senior Volunteer Program • 435-637-9118
 Scofield State Park • 435-448-9254
 State Corrections Adult Probation and Parole • 435-636-2800
 United Way of Southeastern Utah • 435-637-8911
 Utah Safety Council • 801-478-7878
 Vocational Rehabilitation • 435-636-2820
 Victim Assistance Program Carbon County Sheriff's Office • 435-636-3250
 Womens Services Castlevue Hospital • 435-637-4800

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Hunter Safety • 435-613-3700
 Scheduled through Wildlife Resources

Utah Safety Council • 801-478-7878
 Safety and First Aid Training

Food Handlers Permit Classes • 435-637-3671
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